

### **EDUCATION ON CALL**

Administering Medicine Safely

When your child isn't feeling well, you want to relieve their discomfort as quickly as possible. Be prepared with information that can help you understand the differences between pediatric pain relievers and fever reducers, and how to administer them safely.



## Always read the label

- 1. Active ingredient: Ingredient that makes the medicine work
- 2. Uses: Symptoms the medicine treats
- 3. Directions: The amount of medicine to give and how often



### Know the difference

# TYLENOL® Active ingredient: Acetaminophen • Treats pain & fever • Gentle on tummies • Dosing available from your pediatrician for children 6 months and younger MOTRIN® Active ingredient: Ibuprofen • Treats pain & fever • Lasts up to 8 hours • Can be used for children 6 months of age or older

**Never give aspirin to children.** It can cause a serious illness called Reye's Syndrome.



# Give the right amount

If possible, use your child's weight to dose instead of age. Always use the dosing device (oral syringe or dosing cup) that came in the box—never use a kitchen spoon.



# Help medicine go down

TYLENOL® and MOTRIN® are available in a variety of kid-friendly flavors, but if your child still doesn't like the taste, try following it with a tastier drink. You can also offer an ice pop to slightly numb the tongue before dosing. If your child is between 2-11 and dislikes liquid medicine, Children's TYLENOL® offers a chewable option. Just remember to never refer to medicine as candy.



### Check the time

Different medicines have different rules about when to give another dose. Always double-check the directions on the product label before administering medicine.

# Pediatric TYLENOL®:

• Every 4 hours
While symptoms last

# Pediatric MOTRIN®:

• Every 6-8 hours
While symptoms last

**Always talk to your child's doctor** if you have any questions or concerns.



**If your baby tends to spit out medicine**, gently squeeze his or her cheeks together when dosing. Dye-free medicine options can be a good choice to help avoid stains on clothes.

For aches, pain, and fever, TYLENOL® and MOTRIN® are

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