Which OTC pain reliever is right for you?

Acetaminophen and NSAIDs are two types of over-the-counter (OTC) pain relievers. If you have certain health conditions or take other medicines, these pain relievers may affect your body differently.

Check any boxes below that apply. A checked box under a particular pain relief section indicates that another pain reliever may be a more appropriate choice. If you have any questions, please talk to your healthcare professional about what pain reliever may be right for you.

<table>
<thead>
<tr>
<th>Acetaminophen</th>
<th>Ibuprofen</th>
<th>Naproxen sodium</th>
<th>Aspirin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ah-SEE-tah-MIN-ah-fen (eg, TYLENOL®)</td>
<td>EYE-byoo-PRO-fen (eg, MOTRIN® IB, Advil®)</td>
<td>Nuh-PROK-sun SO-dee-um (eg, Aleve®)</td>
<td>AS-per-in (eg, Bayer®)</td>
</tr>
</tbody>
</table>

For your safety, do not take more than the maximum daily dose noted below in a 24-hour period unless specifically instructed by your healthcare professional.

<table>
<thead>
<tr>
<th>4000mg</th>
<th>1200mg</th>
<th>660mg</th>
<th>4000mg</th>
</tr>
</thead>
</table>

Do you:
- drink 3 or more alcoholic beverages every day?
- have liver disease?
- take the blood thinning drug warfarin?
- take prescription medicines containing acetaminophen, including acetaminophen-containing narcotics?
- take other OTC medicines containing acetaminophen, including cough and cold or allergy products, sleep aids, and pain relievers?
- have an allergy to acetaminophen?

Do you:
- take aspirin to protect against heart attack or stroke?
- have heart surgery scheduled or recently had heart surgery?
- have a history of stomach bleeding or stomach ulcers?
- have a history of stomach problems, such as heartburn?
- have kidney disease?
- have heart disease or have had a stroke?
- have high blood pressure?
- have liver cirrhosis?
- have asthma?

Do you:
- drink 3 or more alcoholic beverages every day?
- take prescription medicines, such as NSAIDs, diuretics, or blood thinning drugs (anticoagulants)?
- take other OTC medicines containing NSAIDs, including cough and cold or allergy products, sleep aids, and pain relievers?
- take steroids or have a condition that requires long-term steroid use?
- have an allergy to aspirin or ever had an allergic reaction or side effects from taking pain relievers?

Are you:
- age 60 or older?

Always read and follow the product label, and ask your healthcare professional if you have any questions.
TYLENOL® works differently than other pain relievers

If you have certain medical conditions, or are taking other medicines, TYLENOL® can be a good choice for pain.

TYLENOL® (acetaminophen) does not interfere with aspirin heart therapy the way ibuprofen can.

TYLENOL® does not irritate the stomach the way naproxen sodium (Aleve®) or even ibuprofen (MOTRIN® IB, Advil®) can.

TYLENOL® won’t interfere with certain high blood pressure medications the way NSAIDs sometimes can.

TYLENOL®, when taken at recommended doses, won’t affect kidney function the way NSAIDs can.

Remember, all dosing directions are different

- Always read and follow the product label
- Wait the right amount of time between doses
- Never take more than the daily limit

<table>
<thead>
<tr>
<th>AMOUNT</th>
<th>DOSE &amp; FREQUENCY</th>
</tr>
</thead>
<tbody>
<tr>
<td>500 mg per pill</td>
<td>2 pills every 6 hours while symptoms last</td>
</tr>
</tbody>
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<tr>
<th>DAILY LIMIT</th>
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<tbody>
<tr>
<td>Do not take more than 6 pills in 24 hours, unless directed by a doctor</td>
</tr>
</tbody>
</table>

Important: Different ingredients have different warnings. For complete warnings and information, check the Drug Facts label on your medicine cartons. Note that there have been recent updates to label warnings for all non-aspirin NSAIDs, including ibuprofen (MOTRIN® IB, Advil®) and naproxen sodium (Aleve®).