

Powerful relief of arthritis pain INSIDE OR OUT

Two different ways to relieve your minor arthritis pain. Both can help.
One starts inside the body. One starts on the skin.

TYLENOL® 8HR Arthritis Pain Extended release, extended relief

- Fast-acting, long-lasting relief
- Bi-layer design that lasts up to 8 hours



Use products only as directed.

Ultra Strength BENGAY® Powerful relief that starts to work on contact

- Provides deep, penetrating relief from joint pain
- Available as a cream and self-adhesive patch

Consider multiple approaches to managing arthritis pain

Using several different pain relief methods—including both internal and external approaches—has been shown to relieve pain and improve function.

Talk with your healthcare professional to create a pain management plan that's right for you.

Effective relief of minor arthritis pain



For minor arthritis pain.
Use product only as directed.

TYLENOL® 8HR Arthritis Pain Caplets*

Active ingredient: acetaminophen 650 mg (in each caplet)†

DIRECTIONS

- Take 2 caplets every 8 hours with water
- Do not take more than 6 caplets in 24 hours
- Do not take more than one product containing acetaminophen at a time

*For children under 18 years of age, ask your healthcare professional.
†Extended release.



TYLENOL® is the
#1 doctor-recommended
brand for arthritis pain



Use product only as directed.

Ultra Strength BENGAY® Cream

Active ingredients: camphor 4% (topical analgesic), menthol 10% (topical analgesic), methyl salicylate 30% (topical analgesic)

DIRECTIONS

- Apply to affected area not more than 3 to 4 times daily
- Always follow the label



Use product only as directed.

Ultra Strength BENGAY® Pain Relieving Patch

Active ingredient: menthol 5% (topical analgesic)

DIRECTIONS

- If desired, cut patch to size
- Peel off backing and apply sticky side to affected area
- Apply not more than 3 to 4 times daily



BENGAY® targets pain where it matters;
it is absorbed directly where you apply it to provide relief.