THEN & NOW: CASE STUDY

Your patients' pain relief needs may change over time

THEN: 10 YEARS AGO

Diane: A 55-Year-Old Woman With Early Osteoarthritis (OA)



NOW

Diane: A 65-Year-Old Woman With OA and Recent Left Knee Replacement



REASON FOR VISIT:

Complaining of finger and hand pain that has persisted for 4 weeks

VITAL STATISTICS:

Gender: female **Body temperature:** 98.3 °F

Age: 55 years **Pulse:** 75 bpm **BMI:** 25 kg/m² **VAS pain score:** 7

REASON FOR VISIT:

Experiencing pain in right knee after returning from a vacation 1 week ago

VITAL STATISTICS:

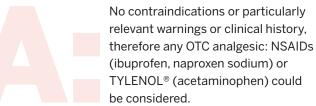
Gender: female **Body temperature:** 98.2 °F

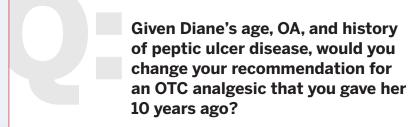
Age: 65 yearsPulse: 85 bpmBMI: 25 kg/m²VAS pain score: 7

OTHER CONSIDERATIONS:

The history and physical exam are consistent with pain caused by osteoarthritis of the right knee. Diane also had a peptic ulcer 2 years ago that was effectively treated with triple antibiotic therapy.







See answer on back ▶



DIANE NOW:



Diane is now over 60 and has had a stomach ulcer, both factors that may increase the chance of stomach bleeding if taking an NSAID. She also has ongoing OA. TYLENOL® 8HR Arthritis Pain may be a good choice. TYLENOL® won't cause GI irritation the way naproxen sodium or even ibuprofen can.1-4

Dosage



TYLENOL® Regular Strength Tablets*

Active ingredient: acetaminophen 325 mg (in each tablet)

DOSE AND FREQUENCY	MAXIMUM LABELED DOSE
2 tablets every 4 to 6 hours while symptoms last	Not to exceed 10 tablets in 24 hours, unless directed by a doctor Total labeled daily dose: 3250 mg/day

*Consult TYLENOL® Regular Strength tablet packaging for dosing children under 12 years.







Use product only as directed.

TYLENOL® Extra Strength Caplets and Rapid Release Gels[†]

Active ingredient: acetaminophen 500 mg (in each caplet/gelcap)

DOSE AND FREQUENCY	MAXIMUM LABELED DOSE
2 caplets/gelcaps every 6 hours while symptoms last	Not to exceed 6 caplets/gelcaps in 24 hours, unless directed by a doctor Total labeled daily dose: 3000 mg/day

†For children under 12 years, at healthcare professional's discretion.



Use product only as directed.

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TYLENOL	. O
MUSCLE ACHES	PAIN
Acetaminophen Extended-release tablets	PAIN
Pain Reliever / Fever Reducer For Up to 3 Four Reliever de Minor Muscle Actes 8 Pain	
*Capale Shapel Bi-Layer Tolics	650 mg éach

Use product only as directed.

TYLENOL® 8HR Arthritis Pain Tablets[‡] and Muscle Aches & Pain Tablets§

Active ingredient: acetaminophen 650 mg (in each bi-layer tablet)

DOSE AND FREQUENCY	MAXIMUM LABELED DOSE
2 bi-layer tablets every 8 hours	Not to exceed 6 bi-layer tablets in 24 hours
with water	Total labeled daily dose: 3900 mg/day

‡For children under 18 years of age, at healthcare professional's discretion. §Do not use in children under 12 years of age. IIExtended release.

IMPORTANT INSTRUCTIONS for proper use

- Read and follow the label on all TYLENOL® products.
- Do **NOT** use with any other product containing acetaminophen.

Professional discretionary dosing

If pain or fever persists at the total labeled daily dose, healthcare professionals may exercise their discretion and recommend up to 4000 mg/day.1

Visit TylenolProfessional.com for access to helpful patient and practice resources

¶The efficacy and safety of TYLENOL® at 4000 mg/day are well established.

REFERENCES: 1. Hoftiezer JW, O'Laughlin JC, Ivey KJ. Effects of 24 hours of aspirin, Bufferin, paracetamol and placebo on normal human gastroduodenal mucosa. Gut. 1982;23(8):692-697. 2. Blot WJ, McLaughlin JK. Over the counter non-steroidal anti-inflammatory drugs and risk of gastrointestinal bleeding. J Epidemiol Biostat. 2000;5(2):137-142. 3. US National Library of Medicine. Naproxen. Revised March 15, 2021. Accessed January 31, 2022. https://www.nlm. nih.gov/medlineplus/druginfo/meds/a681029.html 4. Frech EJ, Go MF. Treatment and chemoprevention of NSAID-associated gastrointestinal complications. Ther Clin Risk Manag. 2009;5(1):65-73.